

Carol McLachlan



As well as a professionally trained coach, Carol is also a chartered accountant, who spent nearly 20 years with top four international accountants, Ernst & Young. She now works in partnership with individuals and organisations - quite simply - helping them to be the very best they can be.

Carol's business range has both breadth and depth. As a Senior Assurance Executive she acquired intimate knowledge of the systems and cultures of a wide range of organisations. Then as regional Director of Resources she took a strategic role, with hands on operational experience of running a substantial professional services business.

This unique background has earned Carol expert status as a business coach. A small business owner herself, she combines board level strategic experience with creative innovative thinking, along with a sophisticated financial skill set. The result is collaboration of the highest order: understanding and anticipating client needs, finding and implementing tailored solutions, and exceeding expectations with added value.

Her client portfolio includes owner managed businesses and she has also worked with household names such as: Derby City Council, Cooper Industries Inc, Champion Spark Plug, ICAEW, Robert Cain Brewery, Iceland Foods, Mason Owen, Princes Foods.

In addition to her FCA, Carol's professional training includes: The Coaching Academy's Corporate & Executive coaching programme, Christopher Howard's Results Coaching certification and NLP Practitioner status. She has a particular interest in time management or rather the 21st century version – time leverage. Her own work life balance is constantly under the spotlight as she manages her full-time career as business coach, speaker and writer; her family - husband Andy and two young children, Ben and Mia; and achieving her own personal aspirations in the fields of boxing and stand up comedy.

What Carol's clients say...

"One of the things I feel I have most benefited from the sessions is actually verbalising my ideas. Communications (oddly enough for my chosen path of business) has sometimes been my weak point, and just planning aloud, does bring clarity, and the questions do make me expand my points to fuller fleshed ideas." Scott Middleton, Owner, DropCap Ltd

"Your guidance helps me bring clarity to chaotic thought processes and extract the nuggets of brilliance I knew were there, but just could not find by myself." *Moshe Hadari, Director, Chancery Barr Financial Services Ltd*

"The most useful aspect of Carol's coaching the opportunity to talk openly at length and in depth with an unbiased, objective, and positive coach who is genuine in her approach, and importantly, understands the business environment well." *Dave Ewing, Business Researcher, CMC Ltd, www.cmcltd.com*"

"Flexible in approach and able to draw out the real issues with you and then work with you on setting the goals to achieve them. Appropriately challenging whilst giving you the motivation and making it easy for you to achieve and take action - which is the key" *Malcolm Lewis, Training & Development, AXA*

What Carol says ...

"Collaboration is the key to how we will work together. 9 times out of 10 you know the answers, you know what you should be doing. I'll help you turn that *should* into *does* and provide that final 10% of....well whatever it takes.....inspiration, facilitation, innovation, consultation, motivation, perspiration.....**you** choose."

Contact us to set up an initial meeting or simply to ask a question:

contactcarol@notionltd.com