

Sue Stockdale



Sue Stockdale is a highly experienced Business Coach and consultant working with clients across a wide range of industry sectors. Her career has ranged from corporate training and development in a UK Utility, to quality improvement at the United Nations.

Sue is an accomplished people development specialist who inspires high achievement and excellence in others. She has proved herself adept in delivering business results and achieving high levels of client satisfaction. Sue has over 15 years of experience gained in both the private and public sector and is an inspiring business coach, trainer and consultant. Sue has helped clients to improve performance by using both her business and adventure experience to inspire others to achieve challenging goals.

Sue's academic achievements include an MBA in Entrepreneurship and an MSc in Quality Management. She has extensive experience in supporting women entrepreneurs and is highly respected in this sector. Sue is a member of the International Coach Federation, is a certified NLP Practitioner, is MBTI accredited and has a range of other coaching qualifications.

In addition to her business credentials, Sue is also the first British Woman to walk to the Magnetic North Pole and has participated in many polar expeditions. As an athlete, Sue represented Scotland in 3000m and cross-country events. She finished runner-up in Channel 4's Superhuman and is author of *Kickstart Your Motivation* and *Secrets of Successful Women Entrepreneurs*. To keep her fit and healthy, Sue loves taking her two dogs on adventures in the countryside.

What Sue's clients say...

"I found Sue's insights and challenges to be extremely beneficial and she helped me to clarify plenty of areas I couldn't have done on my own." *Lesley Reader, Managing Director, Emerging Potential*

"I found coaching such an invaluable tool for me to help re-align my thought processes." *Lisa Auchinvole, MD, The First Drop*

"Sue is an excellent coach; just right for me – she was very supportive and gave lots of confidence; definitely a 'you can do it' ethos." *Laura Jones, MD, Awful Fantastic*

"Coaching with Sue has given me a focus and I have approached issues in a way I haven't in the past." *Mike Ockwell, MD, Hetherington Seelig Theatres*

"Sue is a very good listener and is able to grasp the essential points of a discussion and give an objective response which is helpful." *Helen Carey, Chairman, National Federation of Women's Institutes*

What Sue says ...

"You must transform the belief you can do it into action. Whatever your business ambition – I can help you to make it happen to the best of your ability and you cannot do that by remaining passive"

Contact us to set up an initial meeting or simply to ask a question:
contactsues@notionltd.com